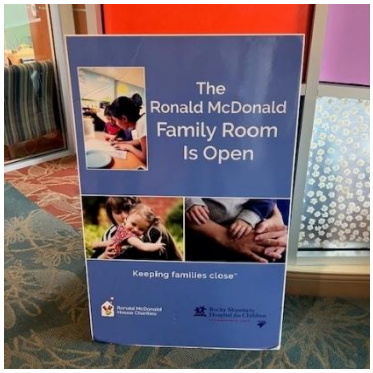
Teen Volunteers (Ages 14-17) Onsite

There are many wonderful ways for teen volunteers to support the families of Ronald McDonald House Greater Denver both onsite and offsite and fulfill school service requirements.



Meal Team (Groups)

Groups of up to 10 with adult supervision are invited to provide a meal for our guests. Groups are responsible for purchasing the food to prepare onsite, serving the meal buffet-style, and finishing with a kitchen cleanup. Dinner, breakfast, and brunch opportunities available! Sign up on the website.

Meal Helper (Individuals)

Assist our Culinary Managers with meal prep or meal service when needed. Days vary. Great teamwork skills and an interest in cooking desired. Volunteers ages 14-16 years old must be accompanied by a parent or guardian. Sign up on the website.

Host an Activity Night

Groups of up to 4 can host a craft, game, or activity on weekday evenings. Please note that volunteers are responsible for creating an activity plan and supplying materials. Sign up on the website.

Family Room Volunteer (Ages 15+)

Volunteer in our Family Room located inside Rocky Mountain Children's Hospital. Volunteers serve as a host welcoming families to room amenities and ensuring a comfortable sanctuary inside the hospital. This position requires a one-year commitment of at least two shifts per month, with flexible scheduling month to month.

Family Ambassador Duo with Parent or Guardian

Family Ambassadors volunteer at the house and assist with guest needs, answering phones, accepting donations, giving tours, and tasks around the house. This position requires an accompanying parent or guardian and a 6-month commitment of at least two shifts per month, with a set recurring schedule.

Contact the Director of Volunteer Services with questions or to be connected with the appropriate program coordinator.

Vanessa Stahler: vstahler@ronaldmcdonaldhousegd.org or (720) 382-7221

Ronald McDonald House®
Greater Denver

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Snack Bags

Healthy snacks are vital for families spending long days at the hospital. Use Ziploc or cellophane bags to assemble individually wrapped, store-bought, and shelf-stable snacks. The bags can be decorated, tagged. plain, or list what's inside. Alternatively, individually wrapped snacks can also be decorated with fun, personalized, or seasonal wrapping to stock our lobby.

Activity Bags or Craft Kits

Activities can be enjoyed by all whether at the hospital or in the house. You can use any type of bag (cellophane, Ziploc, gift bag, canvas) to assemble coloring books, colored pencils, puzzles, stickers, fidget toys, and more for children or adults. You can also create craft kits for all ages, such as designing your own bookmark, bracelet, finger puppets, greeting card, pipe cleaner critters, and more! Include all necessary supplies and easy instructions. Please no loose glitter, paint, or superglue.

Wish List Drives

Hosting a wish list drive not only provides much-needed items for our guest families but also helps spread awareness of our organization for future support. Visit the website for our current list.

Social Media Ambassador

Create a Facebook, Instagram or TikTok post that shows why you support Ronald McDonald House and how your followers can get involved. Tag us @ronaldmcdonaldhouse_gd and share our mission, wish list, or website to help raise awareness for our cause.

Completed projects and donations can be delivered to the front desk between 9am-9pm seven days a week. Thank you!

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